

CAN DO Power – Mind, Mood & Mastery – for 2026 !

Feeling the Fatigue?

Too many priorities | Too much information | Too many meetings.
Mental Overloaded. Emotionally Stretched. Physically Flat.

Move from CAN'T to CAN Do.

CAN = Mental Clarity + Emotional Agility + Physical Nexus.

(See the CAN Do Framework on the right). This is not another 'Talk'. It's a hands-on experience that shifts behaviour !

CAN DO doesn't ask people to *do more*. It helps them **think clearer, respond smarter, and lead with more energy** - even in constant change.

The outcome?

Less spinning. More traction.

Leaders who don't just cope with change - they architect what comes next, with clarity, intent and energy – engaging their people.

Formats: Power Hour or 90 mins | Half Day or Full Day

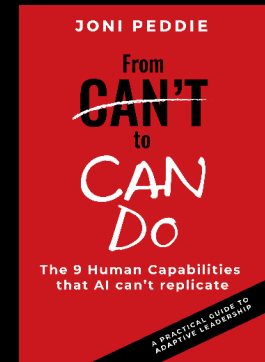
Delivery: Keynote | Facilitation.

Extend the Impact ...

Continue the learning with Joni's book - a practical guide to adaptive leadership.

Ideal For...

- ✓ Strategy kick-offs
- ✓ Culture and engagement initiatives
- ✓ Organisations navigating change or looking 'to reboot' and reinvigorate their people.
- ✓ Leadership offsites + alignment sessions
- ✓ Teams building trust, clarity + energy



Joni Peddie, is a Behavioural Strategist driven by one core question: **what truly shifts behaviour under pressure?**

Her work focuses on how small, intentional changes in thinking, emotion and energy unlock disproportionate gains in leadership performance.

By adjusting 'these settings' leaders learn how to **#BounceForward™** - mentally, physically and emotionally – particularly in high-pressure, fast-moving environments.

Areas of Expertise:

- **Executive Coach:** South African and Global Clients
- **Professional Keynote Speaker:** based in SA, working Globally
- **Behaviourist:** strengthening trust, collaboration + innovative thinking in teams.



In complex environments, the Enneagram builds self-awareness by revealing the core fears and motivators that shape behaviour - enabling meaningful shifts in how leaders and teams respond, collaborate and lead under pressure –fostering healthier team dynamics.

Certifications & Books Authored

- Bachelor of Social Science (University of PMB, South Africa)
- Advanced Emotional Intelligence Practitioner (Six Seconds)
- Certified Enneagram Practitioner (Enneagram Institute, New York)
- Neuro-Leadership Brain-based Coach (NLI)
- Certified OutComm® Facilitator
- Dare to Lead™ Co-Facilitator (Dr. Brené Brown)
- Certified Speaking Professional: Global Certification, NSA (USA)
- Co-Authored: "Experience Resilience and Fight Fatigue".
- Co-Authored: "Discover how Conscious Leaders are Playing a Bigger Game" (Amazon #1 International Best Seller)
- Author: "From CAN'T to CAN Do - 9 human capabilities that AI can't replicate." (Launched October 2025)

Current Roles

- Associate Faculty at GIBS Business School, Johannesburg, South Africa.
- Vice President of the GSF: The Global Speaker Federation.
- Past President of PSASA (Professional Speakers Association -Southern Africa)